

Peter Kingsley

***Askēsis: Forgotten Realities of Early Pythagorean Practice and Training***

This paper will focus on the practical and mystical training methods, some of them already noted, others not, that were used in Pythagorean circles during the lifetime of Pythagoras himself. It will also focus on how these practices were integrated into Pythagorean learning and science — as well as on what they have to tell us about the so-called “rationality” of modern scholarship, its assumptions and its limitations.

Biography:

Peter Kingsley is the author of *Ancient Philosophy, Mystery and Magic: Empedocles and Pythagorean Tradition* (1995), *In the Dark Places of Wisdom* (1999), *Reality* (2003) and *A Story Waiting to Pierce You* (2010). He holds honorary fellowships and professorships at several universities in Canada, Great Britain and the United States. For further information: [www.peterkingsley.org](http://www.peterkingsley.org)